



# USA Girl Scouts Overseas

# JULIETTE

# GUIDEBOOK

*Adopted from the Girl Scouts of Eastern Missouri*

girl scouts   
usa girl scouts  
overseas



## Girl Scout Mission

Girl Scouting builds girls of courage, confidence,  
and character, who make the world a better place.

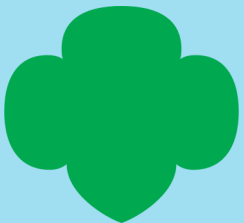
## Girl Scout Promise

On my honor, I will try:  
To serve God\* and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

\*Members may substitute for the word God in  
accordance with their own spiritual beliefs.

## Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for what I say and do,  
and to respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.





# Who is a Juliette?

A Juliette, also known as an Individually Registered Girl Scout (IRG), is a Girl Scout who chooses to participate independently rather than as part of a traditional troop. This flexible pathway allows her to shape her own experience—picking and choosing from special events, leadership opportunities, travel adventures and badge work that match her interests.

Juliettes are often busy, independent and confident girls who may be new to a community, live in areas without nearby troops or have schedules that don't align with regular troop meetings.

The Juliette program is open to all Girl Scout grade levels, and Juliettes can take part in any activities, events or programs available to their age group- including community service projects, USAGSO events and other Girl Scout opportunities.

In 1912, Juliette Gordon Low (1860–1927) founded Girl Scouts of the USA, an organization that today serves millions of girl members and alum and reflects the arc of her remarkable life. An ardent believer in the potential of all girls and the importance of fostering their individual growth, character and self-sufficiency, Juliette is credited with establishing and nurturing a global movement that has changed the world.



## Membership Dues

The Girl Scout membership year runs from October 1- September 30 and the cost is \$75 (includes a \$30 USAGSO council fee).

## Financial Assistance

USAGSO is committed to ensuring every girl and adult receives the opportunity to participate in Girl Scouts. Financial assistance is available to girls and adult volunteers.

Check out our [website](#) for more information!

# The Juliette Uniform

Instead of troop numbers, Juliettes have their own patch to display on their vest.



Grab one from the [USAGSO Shop!](#)





# Juliette Mentors

A Juliette mentor is a parent, family member, caregiver or other adult who guides a Juliette during her Girl Scout journey. Juliette mentors are not assigned by USAGSO, but chosen by the girl and her family.

As a Juliette mentor, you:

- ☑ Register as a volunteer Girl Scout member on [our website](#)
- ☑ Support your Juliette's commitment to Girl Scouting
- ☑ Help your Juliette choose the badges and Journeys that interest her
- ☑ Have access to the Volunteer Toolkit (VTK) to guide your Juliette through badges and awards
- ☑ Assist her in purchasing or borrowing the books and materials needed to complete each badge or award
- ☑ Verify she has completed the requirements and purchase badges from the Girl Scout Shop
- ☑ Retain signed annual health history and permission form for your Juliette to participate in events, camp and other activities
- ☑ Review USAGSO programs and camps, helping her pick the activities she wants to participate in and planning how she will fund her participation
- ☑ Help your Juliette discover, connect and take action in her community

## What Can a Juliette Do?

- \* Work toward earning her [Girl Scout Bronze](#), [Silver or Gold Award](#), as well as a variety of other leadership awards found on our [website](#).
- \* Develop her skills by earning badges that match her interests.
- \* Attend USAGSO programs or travel the world on a GSUSA Destinations program. Attend local community events.
- \* Earn Journey Awards found in the Volunteer Toolkit.



# Our Program

At Girl Scouts, she'll lead her own adventure- choosing exciting, hands-on activities that spark her curiosity. As she earns badges and awards and completes meaningful journeys, she'll discover new interests, take action and build important skills in the four key areas that form the foundation of the Girl Scout Leadership Experience.

Check out our  
STEMinst  
Program



## STEM



Sell  
Cookies!

## Entrepreneurship

Join a  
USAGSO  
Camp



## Outdoors



Check out all  
the badges for  
you level!

## Life Skills



Visit our “[Programs](#)” section  
of the website for  
ideas and activities!



# Badges

Girl Scout badges are an awesome way for girls to explore their interests, discover new skills and proudly show what they've achieved!

Badges are earned through hands-on learning and are worn on the front of the Girl Scout uniform for everyone to see.

Plus, USAGSO offers unique council-owned badges just for our overseas Girl Scouts! You can find all the USAGSO badge info and requirements [here](#).



## Journeys and Awards

She's ready to explore new things, connect with friends and her community and make a difference- and she can do all of that through a Girl Scout Journey!

Each grade level offers its own exciting Journey series, filled with discovery, adventure and a meaningful Take Action project that creates lasting impact. When she completes a Journey, she'll build valuable leadership skills and earn a special Journey award to proudly wear on the front of her uniform.

But that's just the beginning! In addition to badges and Journeys, Girl Scouts can also earn awards that recognize their growth and accomplishments- from bridging awards that celebrate moving up to the next level and all the way to the Gold Award, the highest honor in Girl Scouting.

Explore the GSUSA Awards Charts to see all the amazing awards available at each troop level—and help your Girl Scout reach her next big milestone!

# Your Juliette Year

## FALL October-November

October 1: Start of the Girl Scout year

October 31: Juliette Gordon Low's birthday



## WINTER January-March

January-March: Girl Scout Cookie Program or Financial Literacy

February 22: World Thinking Day

March 12: Girl Scout Birthday & Girl Scout Week

## SPRING April-May

April: Volunteer Appreciation Month

May 1: Early Bird Registration begins

May: Bridging Ceremony or Court of Awards



## SUMMER June-August

June-August: USAGSO and community Camps

June-August: Attend a Destinations program



# Juliette Opportunities

## USAGSO Programs

USA Girl Scouts Overseas offers many great programs throughout the year. From hands-on STEM activities to outdoor adventures, there is something for every Girl Scout. Check out all our programs [here](#)!



## Community Events & Programs

As a registered Girl Scout member, you can participate in any Girl Scout program run by GSUSA, USA Girl Scouts Overseas, as well as programs run by your local Overseas Committees. USA Girl Scouts Overseas is divided into Overseas Committees, each managed by a local Overseas Committee Management Team. Many Overseas Committees offer events and activities to the Girl Scouts in their area. If you reside near an Overseas Committee or our Customer Care Team can assist in getting you on their e-mail lists and Facebook pages, you can receive information on local events. Check out our map to see all our Overseas Communities in USA Girl Scouts Overseas.

[Discover more Overseas Communities](#)

# Camp USAGSO

USA Girl Scouts Overseas offers exciting camp opportunities around the world-from relaxing at the WAGGGS Center in Mexico to mountain adventures in Slovenia! Whether she's looking for outdoor thrills or cultural connections, there's a camp experience for every Girl Scout.

Juliettes are welcome and encouraged to join any of our camps- either on their own or with a group of friends. It's a great way to explore, grow and make memories that last a lifetime!

Many of our sister Girl Scout councils in the United States also offer summer camp programming. As a Juliette, you can attend any of these summer camps. For more information, be sure to check out the ["Find a Camp" tool on Girl Scout's website](#).

**Slovenia**



**Japan**



**Switzerland**





# Highest Awards

**Bronze. Silver. Gold.**

**These represent the highest honors a Girl Scout can earn.**

All three awards give girls the opportunity to do big things while supporting an issue they care about. A Girl Scout might plant a community garden at her school or inspire others to eat healthy foods for her Bronze Award, advocate for animal rights for her Silver Award or build a career network that encourages girls to become scientists and engineers for her Gold Award. Whatever a girl chooses, she'll inspire others (and herself).



## The Bronze Award

The Girl Scout Bronze Award is the highest honor a Girl Scout Junior can achieve, recognizing that a girl has developed the leadership and planning skills to follow through with a project, while making a positive difference in her community.



## The Silver Award

Going for the Girl Scout Silver Award—the highest award a Girl Scout Cadette can earn—gives her the chance to do big things and make the community better in the process. The Silver Award gives girls the opportunity to focus on a local issue they care about, build a team and implement their Take Action project to better the lives of those around her and for herself.



## The Gold Award

The Girl Scout Gold Award is the highest award a Girl Scout can earn. Open only to girls in high school, the Girl Scout Gold Award is the most prestigious award in the world for girls—and the most difficult to earn—and it's only available to Girl Scouts.

Gold Award Girl Scouts are making the world a better place. These young women are inspiring leaders whose Gold Award projects are impacting the worlds of STEM, education, agriculture, medicine and more on a local, national or global level. By the time a Girl Scout puts the final touches on her seven-step project, she'll have solved a community problem—not only in the short term, but for years into the future—and she'll distinguish herself in the higher education scholarship process and will enter the military one rank higher.

# Build Your Juliette Year

## Girl Scout Daisy, Grades K-1

Topic	Badges and Journeys	Awards and Activities
<b>STEM</b>	Make the World a Better Place Petal Use Resources Petal	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award Bridge to Brownies Award  <a href="#">View the Daisy Badges &amp; Awards Chart</a>
<b>Entrepreneurship</b>	Count it Up Leaf Badge Talk it Up Leaf Badge Making Choices Leaf Badge	
<b>Life Skills</b>	Honest and Fair Petal Friendly and Helpful Petal	
<b>Outdoor/Camp</b>	Outdoor Art Maker Badge Buddy Camper Badge	
<b>Community Service</b>	Take Action Projects Considerate and Caring Petal	



## What Daisies Do

Don't we all wish we could look at the world through a Girl Scout Daisy's eyes? Everything they do- from planting a garden, to putting on a skit, to proudly adding that first petal on their vest- sparkles with that "first-time ever" newness!

As a Girl Scout Daisy, she might:

- Meet other Girl Scout friends
- Earn petals and badges as she embraces the Girl Scout Promise and Law
- Make a difference in her community through a Journey
- Explore her overseas community and earn her International Friendship pin
- Explore nature



## Girl Scout Brownie, Grades 2-3

Topic	Badges and Journeys	Awards and Activities
STEM	Robotics Math in Nature Coding for Good	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award Bridge to Juniors Award  <a href="#">View the Brownie Badges &amp; Awards Chart</a>
Entrepreneurs	My Cookie Customers My Own Budget	
Life Skills	Art and Design Dancer Fair Play	
Outdoor/Camp	Bugs Cabin Camper Letterbox	
Community Service	Take Action Project	

## What Brownies Do

Girl Scout Brownies are ready to take on the world and Girl Scouts lets them do just that! They want to learn new things and show off what they know. She might take that first hike in the great outdoors, visit a museum or strengthen her money management skills during the Girl Scout Cookie Program. Life is good when you are a Girl Scout Brownie!

As a Girl Scout Brownie, she might:

- Expand her circle of friends
- Have fun learning new skills as she earns badges
- Complete a service project as part of a Journey
- Explore her overseas community and earn her International Friendship pin
- Attend a USAGSO camp session



## Girl Scout Juniors, Grades 4-5

Topic	Badges and Journeys	Awards and Activities
STEM	Digital Game Design Shapes in Nature Designing Robots	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award <a href="#">Junior Leadership Awards</a> Junior Aide Award Girl Scout Bronze Award Bridge to Cadettes Award  <a href="#">View the Junior Badges &amp; Awards Chart</a>
Entrepreneurship	My Money Plan Cookie Collaborator	
Life Skills	Gardener First Aid Simple Meals	
Outdoor/Camp	Horseback Riding Outdoor Art Eco Camper	
Community Service	Take Action Projects	



## What Juniors Do

Want to meet a real-life superhero? Just talk to a Girl Scout Junior who wakes up every day ready to play a new role. Juniors are explorers when they go camping for the first time. They're CEOs when they market and sell cookies. They're scientists when they perform energy audits and go on nature walks. And, they're product designers and writers when they earn their Innovation and Storytelling badges.

As a Girl Scout Junior, she might:

- Earn her Girl Scout Bronze Award, one of Girl Scouts' highest awards
- Share stories and smiles with new friends
- Try new experiences as she earns badges
- Explore her overseas community and earn her International Friendship pin
- Explore the outdoors at camp and beyond

## Girl Scout Cadettes, Grades 6-8

Topic	Badges and Journeys	Awards and Activities
STEM	App Development Animal Helper Science of Happiness	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award <a href="#">Cadette Leadership Awards</a> Girl Scout Silver Award Bridge to Seniors Award  <a href="#">View the Cadette Badges &amp; Awards Chart</a>
Entrepreneurship	My Cookie Venture Business Creator	
Life Skills	Babysitter Field Day Finding Common Ground	
Outdoor/Camp	Archery Trees Night Owl	
Community Service	Take Action Projects	

## What Cadettes Do

Making forever friends, saving the planet, standing up against stereotypes, using their powers for the greater good- that's what being a Girl Scout Cadette is all about. Cadettes blaze trails in the wilderness, write and direct their own movies, express themselves with confidence, make delicious meals from around the world and pick up practical life skills.

As a Girl Scout Cadette, she might:

- Earn her Girl Scout Silver Award, one of Girl Scouts' highest awards
- Get outdoors and off the beaten path
- Gain confidence as she mentors younger Girl Scouts
- Choose an issue she cares about as part of a Girl Scout Leadership Journey





## Girl Scout Senior, Grades 9-10

Topic	Badges and Journeys	Awards and Activities
STEM	Coding Basics Truth Seeker Science of Style	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award <a href="#">Senior Leadership Awards</a> Girl Scout Gold Award Bridge to Ambassador Award  <a href="#">View the Senior Badges &amp; Awards Chart</a>
Entrepreneurship	Cookie Boss My Financial Power	
Life Skills	Car Care Textile Artist Mind, Body, Me	
Outdoor/Camp	Adventurer Paddling Sky	
Community Service	Take Action Projects	



## What Seniors Do

Girl Scout Seniors are ready to take the world by storm- and at Girl Scouts, there are millions of ways to do it. Whether it's enhancing school- based activities or helping girls make the most of community involvement, the opportunities open to Girl Scout Seniors are virtually unlimited!

As a Girl Scout Senior, she might:

- Earn her Girl Scout Gold Award, Girl Scouts' highest award
- Go on an adventure and travel to amazing places with a GSUSA destinations trip
- Be a positive role model, mentor younger girls and develop strong friendships
- Join other girls to tackle important international issues and earn a Global Action award
- Explore exciting careers in a variety of fields

## Girl Scout Ambassadors, Grades 11-12

Topic	Badges and Journeys	Awards and Activities
STEM	Space Science Master Digital Leadership	Safety Award My Promise, My Faith Pin International Friendship Award World Thinking Day Award Global Action Award <a href="#">Ambassador Leadership Awards</a> Girl Scout Gold Award Bridge to Adult Award  <a href="#">View the Ambassador Badges &amp; Awards Chart</a>
Entrepreneurship	Cookie Influencer Financial Planner	
Life Skills	First Aid College Knowledge Photography	
Outdoor/Camp	Survival Camper Water Eco Advocate	
Community Service	Take Action Projects Ambassador Community Service Bar	

## What Ambassadors Do

With a wider world comes even more opportunities- and Girl Scout Ambassadors make the most of every chance they get to improve themselves and their community. Girl Scout Ambassadors are eligible for some pretty awesome opportunities to continue their leadership experience.

As a Girl Scout Ambassador, she might:

- Earn her Girl Scout Gold Award, Girl Scouts' highest award
- Enhance her relationship skills, problem-solving abilities and knowledge of science and technology
- Work to protect the environment
- Implement a Take Action project



# Plan your Girl Scout Year



Topic	Badges and Journeys	Awards and Activities
STEM		
Financial Literacy		
Health		
Outdoors		
Community Service		

Notes

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# We're here to support you!

[www.usagso.org](http://www.usagso.org)

[overseascustomer@girlscouts.org](mailto:overseascustomer@girlscouts.org)

## Shop for Girl Scout uniforms and more online!

[www.girlscoutshop.com](http://www.girlscoutshop.com).

*When you use promo code USAGSO at checkout, it ensures that purchases made by those with APO/FPO/DPO addresses or using a U.S. forwarding address still benefit the overseas Girl Scout community.*

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