

# Ramstein Area Patch

The Ramstein area has many interesting and unique places to explore! Check some out with your troop or family. Have fun adventuring!

## Requirements by age level:

Daisies- Complete 3 requirements from the ten categories below.

Brownie- Complete 4 requirements

Juniors- Complete 5 requirements

Cadettes- Complete 6 requirements

Seniors/Ambassadors- Complete 7 requirements



## **1-Try 3 German foods or drinks (Daisies, Brownies)**

German food is a little different from American food! Here are some suggestions that you can try:

**Schnitzel** – Schnitzel is a German dish that is made with meat varying from pork, chicken, mutton, beef, veal, or turkey. The thinly cut slice of meat is then breaded and fried.

**Currywurst** – Currywurst is a German dish made with steamed and fried sausage with a side of fries. The sausage is usually cut and served with curry ketchup, spiced ketchup/ tomato paste.

**Kartoffelklose**- A Kartoffelklose is a potato that has a squishy texture. Sometimes topped with chives, crushed baked bread, and a sauce.

**Brezel** – A Brezel is a German baked pastry twisted into a symmetrical knot with loops.

**Brötchen**- A Brötchen is German backed bread. It's soft and is normally served with bratwurst.

**Spaghetti Eis**- Ice cream is very popular in Germany. This German ice cream is squeezed through a press to look like spaghetti and is topped with strawberry Sauce.

## **Drinks**

**Fanta**- German Fanta is a lighter color and has different sugar than American Fanta.

**Apfelschorle**- This drink is like apple juice but its bubbly like soda.

## **2- Make two of the German foods suggested above (Cadettes, Seniors, Ambassadors. Juniors make one)**

***This is for the older girls, don't do this without parental supervision! Here are some suggested recipes.***

Schnitzel recipe: <https://www.daringgourmet.com/traditional-german-pork-schnitzel/>

Currywurst recipe: <https://www.thekitchenmaus.com/homemade-currywurst/#wprm-recipe-container-4584>

Kartoffelkose recipe: <https://www.allrecipes.com/recipe/272184/german-potato-dumplings-kartoffelkoesse/>

Brezel recipe: [https://sallysbakingaddiction.com/easy-homemade-soft-pretzels/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_smartloop&utm\\_content=smartloop&utm\\_term=65902950#tasty-recipes-66433](https://sallysbakingaddiction.com/easy-homemade-soft-pretzels/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=65902950#tasty-recipes-66433)

Brötchen recipe: <https://www.recipesfromeurope.com/brotchen/#recipe>

Ice cream recipe: <https://handletheheat.com/how-to-make-ice-cream-without-a-machine/#wprm-recipe-container-26251>



### 3-Visit a castle!

Germany has many castles. Some are hundreds or even 1000s of years old. Here's some you might enjoy visiting!

3a. Burg Lichtenburg Lichtenberg Castle is a large castle complex about 30 minutes from Ramstein. It is wheelchair and stroller friendly. It has multiple museums, and a restaurant. There are many places to explore in the castle ruins. There are a few towers to climb and a small playground.

<https://burglichtenberg.pfaelzerbergland.de/>



### 3b. Berg Hohenechen

Berg Hohenechen is a castle located about 20 minutes from Ramstein Air Base. The hike up is about 30 minutes and at the top there is a good view of a town. It is a little steep but once you get to the top of the hill there is a small playground with benches. Watch out for a fence by the castle. It's electric!





### **3c- Berg Nanstein**

Berg Nanstein is located about 20 minutes from Ramstein. The hike is short and only takes about 25 minutes. Strollers are not recommended as the hike is uphill. There is an admission fee to get inside the castle but it's not expensive (under seven are free) and there are things to see outside of it too like an old spiral stare case. There is a small restaurant next to the castle with many German foods and some ice-cream. There is a trail at the top to pagan runes and natural spring. (See 10c).



Stairs to the trailhead

Trail head-<https://maps.app.goo.gl/gNGz9yuC59kYjMMr6>

Parking- <https://maps.app.goo.gl/fgvTVTbNntiUGQLE7>

Also Parking- <https://maps.app.goo.gl/4FUtUwtCzHNbUhU48>



#### **4-Identify and/or draw 5 native birds**

There are many different types of birds in Germany. Here's a few you might see! These are very common birds in Germany.



**Blue Tit**

*Blue tits are small blue and yellow birds that can be found anywhere in Germany.*



**White Stork**

*These large birds can be found in large fields, from spring to august, when they migrate to Africa.*



**European Robin**

*Despite the similarities, European Robins and American Robins are two completely different species.*



**Eurasian Magpie**

*Magpies are some of the smartest animals in the world.*



*European black bird*



*Eurasian Sparrowhawk*

## 5- Go on a hike

Going on hikes/ walking trails are very popular with Germans, you should be able to find some fun ones near you!

### 5a. Barfusspfad

Barefoot hike is in Bad Sobernheim. There are things to walk in like mud, woodchips, and water but these are optional, and you can always go around them. The path follows a river and is stroller friendly. At one part there is a river you must cross. The river is a little deep and fast but there is a bridge to go on instead. The total hike is about 3 miles. The path is flat.

<https://www.barfusspfad-bad-sobernheim.de/>



### **5b-Planeten Rad und Wanderweg**

The sun dial hike is in Heiligenmoschel, about 30 minutes from Ramstein. it's about a 4-mile hike to a stone sun dial. The stones are each marked with the crest of a nearby village. Along the path there's signs for each of the planets. The distance between the signs is scaled from the actual distance of the planets. Is very scenic.



### **5c- Salt Caves Hike (Homburg)**

In Homburg there is a Salt Cave with Castle Ruins. These areas are not stroller or pet friendly. The parking is down the hill and very easy to see. When getting out you will have to walk up a hill and a few sets of stairs to get to the Salt Caves. It does cost money so bring Euro. In the caves it is cool so if its summertime then it will feel nice and if its winter it will feel about the same maybe even colder. They give you a map and helmet to explore the cave. It normally takes about an hour, but you can stay until closing. After the Cave you could keep going up to the Castle Ruins, at a certain point you can choose to go on the hiking trail or the stairs, the hiking part is longer, but the stairs are harder. When getting to the castle ruins you will see the parts of it and there is a beautiful view.





**6-Make photo collage! (Daisies, brownies, Juniors. At least 6 pictures)**

You can make a poster board or use an app to create a collage of the places you went. Decorate with stickers and markers! After you make it share with your family friends, and troop!



**7- Learn some basic words/ phrases to use. If you already know some try different ones and try to make a sentence or two to have a better understanding of German.**

**Here are some simple German words/ phrases:**

Hallo – hello

Auf Wiedersehen- goodbye

Bitte – please

Danke – thank you

Guten Tag – good day

Nein – no

Ja – yes

**8-Write about your experiences**

Write one page of your experiences earning the patch and share it with your family or troop. (What hikes did you do? How many birds did you identify? Did you like the food? What is your favorite thing you did?)

## 9- Visit a lake or natural pool

There are many awesome natural pools, here are some you should visit. A natural pool is a pool filled with natural spring water.

### 9a- Landstuhl Naturerlebnisbad

The Landstuhl Naturerlebnisbad is a beautiful natural outdoor pool. The pool is large with two areas, one shallow with rocks on the bottom and the other deep with concrete flooring with small newts and axolotls crawling along the bottom. The pool has a diving board and a long not so steep but fun slide for younger guests. The parking lot is large so you should find parking. The landscaping around the pool makes it look like it is a large park. They also sell foods from chicken nuggets to Currywursts.



### 9b- Naturfrieabad Otterberg

Naturfrieabad Otterberg is a natural spring fed pool. There's a shallow area with a concrete bottom. In the deeper areas there is a water slide and diving bords. There's a snack bar and changing rooms. It's surrounded by grass and trees.

<https://www.otterberg24.de/>

### 9c- Baerenlochweiher Kindsbach

The Baerenlochweiher Kindsbach natural springs is about 20 minutes from the base. This area is pet and stroller friendly. Parking is really easy to find and not many people are there. Also, there are little trails that you could walk on if you don't just want to swim. There was a smaller lake when going on the small trail that dogs could swim in and play around. Another thing was that alongside of the lake there was a little food place that had drinks, snacks, bratwurst, etc. If you get tired of the pool area

there is a small park area also but doesn't allow dogs. This is great if you want to burn a couple of hours and cool down in the heat. While your there, visit an old WW2 bunker! (See 10f)



### 9d- Gelterswoog See

Gelterswoog is a lake located about 20 minutes from the KMC. There's minigolf and snack bar at the entrance. The price is euro for adults and 2 euro for kids 6-12. Anyone under 6 is free. There's very few chairs so bring a blanket. Kayaking and paddle boards are allowed, and they are pretty cheap to rent.

<https://gelterswoog-kl.de/>



## 10-Explore local history and mythology

### 10a-Dragons' Teeth Lambsborn

The dragons' teeth were an anti-tank barrier used in WW1 and 2. The parking lot is a little hard to find and only fits about two cars. The walk to the teeth is less than 5 minutes on a dirt path.

Park here - <https://goo.gl/maps/KDSWDgD8gUjeihph8>



*The Entrance*

### 10b-Witch's gorge, Hexenklamm-

The Witch's Gorge (Hexenklamm) was a great place to hike, and parking was very easy. I would say it is on an intermediate level. It was 4 miles and took around an hour and a half. Would recommend that if you have a toddler to be careful because there were many steep hills. People brought trained dogs but if your pet is not then I wouldn't recommend bringing your pet, since again there was a lot of steep hills. Was very fun you just have to pay attention to the little witch signs, so you don't go onto another

trail. There were a few statues that were very interesting. There was little restaurant that goes off the trail.



**10c- Heidenfelsen (Pagan ruins and natural spring)**

Heidenfelsen is a historical landmark. The trail to get there starts at the castle. (See **3c**) The trail is hard to follow as there are many different trails connecting to it so make sure you pin your parking location on google maps!! The Pagan ruins are two large rocks carved with people. They are covered in a little shelter to protect them. The spring is located next to the rocks. It was said to cure eye diseases.



## 10d-Celtic ruins

These Celtic ruins are the remains of two burial sites. The first on there is a small room in a hill that you can go inside. It was a grave for a Celtic prince. There are replicas of the things he was buried with like a gold armband and spears. The second is about a 25-minute walk from the first but there is a parking lot so you can drive instead.



There is street parking for the first grave.

The second parking place- <https://maps.app.goo.gl/yCE3kTgVLzd8pF8E7>



## 10e- The Ramstein Airshow Memorial and The Great Escape memorial and bridge

The Airshow Memorial is located right outside the Ramstein gate. The memorial is for an air show catastrophe in 1988. Three airplanes crashed into the bystanders killing 70 people and over 300 hundred others had serious injuries. It is one of the deadliest airshow accidents ever.

Location-<https://maps.app.goo.gl/4FUtUwtCzHNbUhU48>

*The path to the memorial is marked with a sign.*



## Great Escape Memorial

This Memorial is dedicated to 76 airmen that escaped from a prisoner of war camp in 1944. Two of the airmen were killed at a nearby bridge. The bridge ruins are located only a few minutes from the same parking lot the airshow memorial is.

The bridge- <https://maps.app.goo.gl/QjUT6wdTJ3GwfcXeA>



The Parking lot- <https://maps.app.goo.gl/My2HG7pxyMdTPAV47>

## 10f- World War2 Bunker

At Baerenlochweiher Kindsbach lake (9c) there is a hiking trail to an old WW2 bunker. It is a short hike through the forest, and you will pass a small lake on the way. Once you reach the bunker, the path continues for a long way. You can't go inside the bunker but at the top of the door there is a little window so you can kind of see in it.

