



# USA Girl Scouts Overseas

Individually Registered Member (IRM)

# JULIETTE GUIDEBOOK

*Adopted from the Girl Scouts of Eastern Missouri*

## GIRL SCOUT MISSION

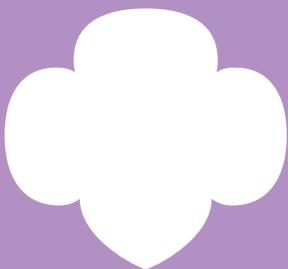
Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

## GIRL SCOUT PROMISE

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law

## GIRL SCOUT LAW

I will do my best to be honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and responsible for what I say and do,  
*and to*  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout



## GIRL SCOUTS

We're 2.6 million strong—1.8 million girls and 800,000 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)<sup>TM</sup> to change the world.



## USA GIRL SCOUTS OVERSEAS

USA Girl Scouts Overseas (USAGSO) brings Girl Scouts to the daughters of military, foreign service, and American expat families around the world and to girls in American or International schools. An operating unit of Girl Scouts of the USA, USAGSO ensures that no matter where American families move, they will have access to the Girl Scout Leadership Experience. At USAGSO we encourage girls to discover themselves, connect with the world, and take action to make positive change.

## USAGSO HISTORY

Originally known as Lone Troops on Foreign Soil, Girl Scouts' overseas program began in 1925 with a single troop of 18 girls in Shanghai, China. Today, USAGSO supports over 11,500 girl members and 5,000 volunteers in 97 countries around the world. USAGSO members are supported by a staff team in three locations: at Girl Scout headquarters in New York City; Vicenza, Italy; and Camp Zama in Japan.

# WHAT IS A JULIETTE?

A Juliette is a **G.I.R.L.** (**Go-getter, Innovator, Risk-taker, Leader**)™ who has decided to continue her Girl Scout experience on an individual basis. By becoming a Juliette, she has the unique ability to mix and match her interests with Girl Scout participation by choosing special events, leadership projects, travel opportunities and badge work that appeal to her.

Girl Scout Juliettes are busy, independent, self-confident girls and young women who may have once been part of a troop that disbanded or whose availability does not fit the traditional troop schedule.

The Juliette program is available to all girls kindergarten through 12<sup>th</sup> grade. As a Juliette, she can participate in anything that is open to her grade level including USAGSO sponsored programs.

## Why “Juliette”?

In 1912, Juliette Gordon Low (1860–1927) founded Girl Scouts of the USA, an organization that today serves millions of girl members and alumnae, and reflects the arc of her remarkable life. An ardent believer in the potential of all girls and the importance of fostering their individual growth, character and self-sufficiency, Juliette is credited with establishing and nurturing a global movement that has changed the world.



*Our fearless founder!*

## Girl Scout Grade Levels

As a Girl Scout, there are lots of ways to have fun, make friends and do things that have a positive impact on her life, her school and her community. At every Girl Scout grade level, girls have fun while making the world a better place.



- d** Girl Scout Daisy, Grades K-1
- b** Girl Scout Brownie, Grades 2-3
- J** Girl Scout Junior, Grades 4-5

- c** Girl Scout Cadette, Grades 6-8
- s** Girl Scout Senior, Grades 9-10
- a** Girl Scout Ambassador, Grades 11-12

Any girl in grades K-12 can join the fun at Girl Scouts! Whether she wants to attend exciting programs, explore the outdoors or travel the world, each grade level has something for her!

Instead of troop numbers, Juliettes have their own patch!



## Membership Dues

A \$45 annual fee, due at the time of registration, covers one entire year of Girl Scouting. Girls will sign up in myGS as an "IRM", or Individually Registered Member, in her local Overseas Community. Registration fees help cover insurance costs, GSUSA programming, and USAGSO programming and customer support.

To register for Girl Scouts online, visit [usagso.org](https://www.usagso.org) and click "Join Now" or call us at 001-800-467-0070.

## Financial Assistance

USA Girl Scouts Overseas is committed to providing every girl overseas with the opportunity to participate in Girl Scouting, regardless of financial background.

Financial assistance is available to offset membership dues. Check with your local Girl Scout Volunteer Leaders, Overseas Committee Management Team, for more information on Financial assistance or email [overseascustomer@girlscouts.org](mailto:overseascustomer@girlscouts.org).

# JULIETTE MENTORS

A Juliette mentor is a parent, family member, caregiver, or other adult who guides a Juliette during her Girl Scout journey. Juliette mentors are not assigned by USAGSO, but chosen by the girl and her family.

## As a Juliette mentor, you:

- Register as a volunteer Girl Scout and sign up as an "IRM Friends & Family Member" in myGS.
- Support your Juliette's commitment to Girl Scouting
- Help your Juliette choose the badges and Journeys that interest her
  - Assist her in purchasing or borrowing the books and materials needed to complete each badge or award
  - Verify she has completed the requirements and purchase badges from the Girl Scout Shop
- Retain signed annual health history and permission form for your Juliette to participate in events, camp and other activities.
- Review USAGSO programs and camps, helping her pick the activities she wants to participate in and planning how she will fund her participation
- Help your Juliette discover, connect, and take action in her community.

## What Can a Juliette Do?

- Work toward earning her Girl Scout Bronze, Silver or Gold Award, as well as a variety of other leadership awards found in the CSA Leadership guide.
- Develop her skills by earning badges available in the Girls' Guide to Girl Scouting book and in the IRM Resource Library.
- Earn new Journey Awards found in the IRM Resource Library.
- Attend USAGSO Camp Tama or Lachenwald.
- Travel the world on a GSUSA Destinations program.
- Attend local community events



*Help launch her into a lifetime of leadership!*

## Our Program

At Girl Scouts, she'll get to lead her own adventure (it's her world!) and choose the exciting, hands-on activities that interest her most. She will discover, connect, and take action while earning badges and awards, and completing journeys. Along the way, she'll gain important skills in four areas that form the foundation of the Girl Scout Leadership Experience:

**STEM**  
**OUTDOORS**  
**LIFE SKILLS**  
**ENTREPRENEURSHIP**  
**GLOBAL**

## Badges

Girl Scout badges are a great way for a girl to explore her interests and learn new skills—and show the world what she's accomplished. Badges are earned by learning new skills and are worn on the front of the Girl Scout uniform. Check out the badge explorer or view our badge and award charts to find GSUSA badges available for your troop level. USAGSO also has several council own badges. USAGSO badge information and requirements can be found [HERE](#).





## Journeys

She wants to explore new things, connect with friends and her community, and make a difference in the world. And she'll be able to do just that when she experiences a Girl Scout Journey.

Every Girl Scout grade level has a Journey series to choose from, each including a sustainable Take Action project and all the exploration, discovery, and adventure to power a lifetime of leadership and success! Upon completion of a Girl Scout Journey, girls earn a Journey award to wear on the front of their uniform.

## Awards

In addition to badges, Girl Scouts can also earn Girl Scout awards for a variety of actions and achievements. From our highest Girl Scout award, the Gold Award, to bridging awards, there are a variety of opportunities for girls to earn awards. Check out the [GSUSA awards charts](#), to see awards available for each troop leader.

  
*Our future!*



**CIT**

**VIT**

# YOUR JULIETTE YEAR

## FALL October-November

- October 1:** Start of the Girl Scout year
- October 31:** Juliette Gordon Low's birthday
- October:** Troop Round Up



## WINTER January-March

- January-March:** Girl Scout Cookie Program or Financial Literacy.
- February 22:** World Thinking Day
- March 12:** Girl Scout Birthday & Girl Scout Week!

## SPRING April-May

- March-April:** Spring Break Camps in communities across USAGSO.
- May 1:** Early Bird Registration begins.
- May:** Join a community Bridging Ceremony or Court of Awards.



## SUMMER June-August

- June-August:** USAGSO and community Camps
- June-August:** Attend a Destinations program.

# JULIETTE OPPORTUNITIES

## USAGSO Programs

USA Girl Scouts Overseas is offering many great programs. From our STEM and Outdoor Challenges to council own patches and badges, there is something for every Girl Scout. Highlighted here are just a few programs available. To check out all our upcoming programs, visit [usagso.org/programs](https://usagso.org/programs).



*Meet new friends and expand your horizons at Girl Scout programs!*

## Juliette Support

Our Member Experience Management staff is here to support Juliettes and Juliette mentors in their Girl Scouting overseas. Our Customer Care Team is your contact for information about registration, Council programs, events and camp. Contact us at 001-800-467-0070 or [overseascustomer@girlscouts.org](mailto:overseascustomer@girlscouts.org).

*We are here for you!*

## Community Events & Programs



As a registered Girl Scout member, you can participate in any Girl Scout program run by GSUSA, USA Girl Scouts Overseas, and programs run by your local Overseas Community. USA Girl Scouts Overseas is divided into Overseas Communities, each managed by a local Overseas Committee Management Team. Many Overseas Communities offer events and activities to the Girl Scouts in their area. If you reside near an Overseas Community, our Customer Care Team can assist in getting you on their email lists and Facebook pages so you can receive information on local events. Check out our [map](#) to see all our Overseas Communities in USA Girl Scouts Overseas.

## Virtual Troop

USA Girl Scouts Overseas is excited to be launching Virtual Troops. Our pilot virtual troop will be open to Cadette Girl Scouts this membership year, and the program will soon expand in order to give all USAGSO Juliettes an opportunity to meet online to earn badges and complete journeys. Virtual troops will be led by a Virtual Troop Leader whose goal is to support your daughter during her Girl Scouting adventure. If you are interested in participating in a Virtual Troop, check out the [www.usagso.org](http://www.usagso.org) website for up-to-date information or email [overseascustomer@girlscouts.org](mailto:overseascustomer@girlscouts.org).



## USAGSO Challenges

Each year USAGSO offers new and exciting challenges that encourage you to get outdoors, learn new things, or make an impact in your community. Visit the USAGSO website to find out more about our current challenges!

## Girl Scout Travel

Destinations are travel experiences offered through GSUSA for Girl Scout Cadettes, Seniors and Ambassadors that run from two days to three weeks. Girls can travel with other Girl Scouts from around the world to various locations across the country and abroad. Scholarships for Destinations may be available through USA Girl Scouts Overseas and/or the host site.



## Camp

USA Girl Scouts Overseas hosts a camp in Europe as well as Asia. These week long-resident camps are held during the summer and are open to Brownies through Ambassadors. Juliettes are encouraged to register for any of our camp programs as an individual or with a group of friends. More information about this year's USAGSO Camps are available on our website [HERE](#).

### Camp Tama

Located at Tama Hills Recreational area just west of Tokyo, girls will enjoy hiking, sleeping under the stars, and horseback riding while building Girl Scout friendships.

### Camp Lachenwald

Located in Germany, girls from around the world gather to hike, camp, and enjoy Girl Scout camp traditions while building lifelong friendships.

### Counselor-in-Training Program

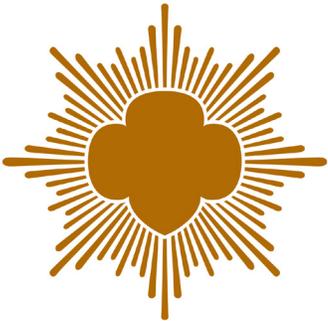
Seniors and Ambassadors are invited to join our CIT programs at Camp Tama and Camp Lachenwald. CIT Girl Scouts will join our pre-camp for training, and will have a dedicated camp staff member ensuring that they have a positive camp experience.



## Highest Awards

**Bronze. Silver. Gold.** These represent the highest honors a Girl Scout can earn.

All three awards give girls the opportunity to do big things while supporting an issue they care about. A Girl Scout might plant a community garden at her school or inspire others to eat healthy foods for her Bronze Award, advocate for animal rights for her Silver Award or build a career network that encourages girls to become scientists and engineers for her Gold Award. Whatever a girl chooses, she'll inspire others (and herself).



### The Bronze Award

The Girl Scout Bronze Award is the highest honor a Girl Scout Junior can achieve, recognizing that a Junior has developed the leadership and planning skills to follow through with a project while making a positive difference in her community.



### The Silver Award

Going for the Girl Scout Silver Award—the highest award a Girl Scout Cadette can earn—gives her the chance to do big things and make the community better in the process. The Silver Award gives girls the opportunity to focus on a local issue they care about, build a team and implement their Take Action project to better the lives of those around her and for herself.



### The Gold Award

The Girl Scout Gold Award is the highest award a Girl Scout can earn. Open only to girls in high school, the Girl Scout Gold Award is the most prestigious award in the world for girls—and the most difficult to earn—and it's only available to Girl Scouts.

Gold Award Girl Scouts are making the world a better place. These young women are inspiring leaders whose Gold Award projects are impacting the worlds of STEM, education, agriculture, medicine and more on a local, national or global level.

By the time a Girl Scout puts the final touches on her seven-step project, she'll have solved a community problem—not only in the short term, but for years into the future—and she'll distinguish herself in the higher education scholarship process and will enter the military one rank higher.



*Girl Scouts are changing their corner of the world and beyond!*

### **Going for the Gold**

Inspired and motivated to take action through her experience living overseas, Hanna noticed the stark income inequality that existed in Singapore's neighboring countries, like Bhutan. Hanna took the lead like a Girl Scout and developed a Girl Scout Gold Award project that focused on assisting Bhutanese people. During her sophomore year of high school, Hanna partnered with a small NGO to cofound a service club called READ (Rural Education and Development) Bhutan. Club members constructed a READ center in a rural village in the Haa Valley of Bhutan, and Hanna collected and donated 3,200 books to the center. She also developed a school-sponsored trip that now takes 20 students and 2 supervising faculty members to Bhutan for one week every year, to engage in service at the READ centers as well as cultural experiences.

Because Hanna's Gold Award project demonstrated extraordinary leadership and had a measurable and sustainable impact, in 2016 she was honored as USAGSO's first National Young Women of Distinction, now called National Gold Award Girl Scout. Through her hard work and motivation to make a difference in her global community, Hanna served as an inspiration to all of us.

To learn more about National Gold Award Girl Scouts, visit the Girl Scouts Website.

# BUILD YOUR JULIETTE YEAR

## Girl Scout Daisy, Grades K-1

| Topic                    | Badges and Journeys  | Awards and Activities  |
|--------------------------|--|--|
| <b>STEM</b>              | Rosie Petal Badge<br>Clover Petal Badge<br>Mari Petal Badge                  | Safety Award<br>My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award<br>Global Action Award<br>Bridge to Brownies Award |
| <b>Money Management</b>  | Count it Up Leaf Badge<br>Talk it Up Leaf Badge<br>Making Choices Leaf Badge |  |
| <b>Health</b>            | Lupe Petal Badge<br>Sunny Petal Badge  |  |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Outdoor Art Maker Badge<br>Buddy Camper Badge             |  |
| <b>Community Service</b> | Take Action Projects<br>Zinni Petal Badge                                    |  |

[View the Daisy Badges & Awards Chart](#)



### What Daisies Do:

Don't we all wish we could look at the world through a Girl Scout Daisy's eyes? Everything they do—from planting a garden, to putting on a skit, to proudly adding that first petal on their vest—sparkles with that “first-time ever” newness!

#### As a Daisy, she might:

- Meet other Girl Scout friends
- Earn petals and badges as she embraces the Girl Scout Promise and Law
- Make a difference in her community through a Journey
- Explore her overseas community and earn her International Friendship pin
- Explore nature

## Girl Scout Brownie, Grades 2-3

| Topic                    | Badges and Journeys  | Awards and Activities   |
|--------------------------|--|---|
| <b>STEM</b>              | Fling Flyer Design Challenge Badge<br>Bugs Badge<br>Home Scientist Badge | Safety Award<br>My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award<br>Global Action Award<br>Bridge to Juniors Award |
| <b>Money Management</b>  | Meet My Customers Badge<br>Philanthropist Badge<br>Money Manager Badge   |   |
| <b>Health</b>            | Hiker Badge<br>Fair Play Badge<br>Dancer Badge                           |   |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Letterboxer Badge<br>Outdoor Art Creator Badge        |   |
| <b>Community Service</b> | Take Action Projects<br>Give Back Badge                                  |   |

[View the Brownie Badges & Awards Chart](#)

## What Brownies Do:

Girl Scout Brownies are ready to take on the world and Girl Scouts lets them do just that! They want to learn new things and show off what they know. She might take that first hike in the great outdoors, visit a museum or strengthen her money management skills during the Cookies and Fall Product Programs. Life is good when you are a Girl Scout Brownie!

### As a Brownie, she might:

- Expand her circle of friends
- Have fun learning new skills as she earns badges
- Complete a service project as part of a Journey
- Explore her overseas community and earn her International Friendship pin
- Attend a USAGSO Resident or Day Camp



## Girl Scout Juniors, Grades 4-5

| Topic                    | Badges and Journeys   | Awards and Activities   |
|--------------------------|---|---|
| <b>STEM</b>              | Flowers Badge<br>Programming Robots Badge<br>Detective Badge          | Safety Award<br>My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award<br>Global Action Award<br>Junior Aide Award<br>Girl Scout Bronze Award Bridge to Cadettes Award |
| <b>Money Management</b>  | Customer Insight Badge<br>Business Owner Badge<br>Savvy Shopper Badge |   |
| <b>Health</b>            | Social Butterfly Badge<br>Simple Meals Badge<br>Staying Fit Badge     |   |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Eco Camper Badge<br>Horseback Riding Badge         |   |
| <b>Community Service</b> | Take Action Projects  |   |

[View the Junior Badges & Awards Chart](#)



### What Juniors Do:

Want to meet a real-life superhero? Just talk to a Girl Scout Junior who wakes up every day ready to play a new role. Juniors are explorers when they go camping for the first time. They're CEOs when they market and sell cookies. They're scientists when they perform energy audits and go on nature walks. And, they're product designers and writers when they earn their Innovation and Storytelling Badges.

#### As a Junior, she might:

- Earn her Bronze Award, one of Girl Scouts' highest awards
- Share stories and smiles with new friends
- Try new experiences as she earns badges
- Explore her overseas community and earn her International Friendship pin
- Explore the outdoors at camp and beyond

## Girl Scout Cadettes, Grades 6-8

| Topic                    | Badges and Journeys   | Awards and Activities   |
|--------------------------|---|---|
| <b>STEM</b>              | Woodworking Badge<br>Robotics Badges<br>Special Agent Badge               | Safety Award<br>My Promise, My Faith My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award<br>Global Action Award<br>Cadette Leadership Awards<br>Girl Scout Silver Award Bridge to Seniors Award |
| <b>Money Management</b>  | Financing My Dreams Badge<br>Budgeting Badge<br>Comparison Shopping Badge |   |
| <b>Health</b>            | New Cuisines Badge<br>Good Sportsmanship Badge<br>Babysitting Badge       |   |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Trailblazing Badge<br>Outdoor Art Apprentice Badge     |   |
| <b>Community Service</b> | Take Action projects<br>Cadette Community Service Bar                     |   |

[View the Cadette Badges & Awards Chart](#)

### What Cadettes Do:

Making forever friends, saving the planet, standing up against stereotypes, using their powers for the greater good—that’s what being a Girl Scout Cadette is all about. Cadettes blaze trails in the wilderness, write and direct their own movies, express themselves with confidence, make delicious meals from around the world and pick up practical life skills.

#### As a Cadette, she might:

- Earn her Silver Award, one of Girl Scouts’ highest awards
- Get outdoors and off the beaten path
- Gain confidence as she mentors younger Girl Scouts
- Choose an issue she cares about as part of a Girl Scout Leadership Journey



## Girl Scout Senior, Grades 9-10

| Topic                    | Badges and Journeys   | Awards and Activities   |
|--------------------------|---|---|
| <b>STEM</b>              | Locavore Badge<br>Car Care Badge<br>Robotics Badges               | Safety Award<br>My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award<br>Global Action Award<br>Senior Leadership Awards Girl<br>Scout Gold Award<br>Bridge to Ambassador Award |
| <b>Money Management</b>  | My Portfolio Badge<br>Financing My Future Badge<br>Traveler Badge |   |
| <b>Health</b>            | Women's Health Badge<br>First Aid Badge<br>Cross Training Badge   |   |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Adventurer Badge<br>Paddling Badge             |   |
| <b>Community Service</b> | Take Action projects<br>Senior Community Service Bar              |   |

[View the Senior Badges & Awards Chart](#)



### What Seniors Do:

Girl Scout Seniors are ready to take the world by storm—and at Girl Scouts, there are millions of ways to do it. Whether it's enhancing school-based activities or helping girls make the most of community involvement, the opportunities open to Girl Scout Seniors are virtually unlimited!

#### As a Senior, she might:

- Earn her Gold Award, Girl Scouts' highest award
- Go on an adventure and travel to amazing places with a GSUSA destinations trip
- Be a positive role model, mentor younger girls and develop strong friendships
- Join other girls to tackle important international issues and earn a Global Action award
- Explore exciting careers in a variety of fields

## Girl Scout Ambassadors, Grades 11-12

| Topic                    | Badges and Journeys  | Awards and Activities  |
|--------------------------|--|--|
| <b>STEM</b>              | Photographer Badge<br>Research & Development Badge<br>Robotics Badges              | Safety Award<br>My Promise, My Faith<br>USAGSO Challenges<br>International Friendship Award<br>World Thinking Day Award Global<br>Action Award Ambassador<br>Leadership Awards Girl Scout<br>Gold Award<br>Bridge to Adult Award |
| <b>Money Management</b>  | P & L Badge<br>Good Credit Badge<br>On My Own Badge                                |  |
| <b>Health</b>            | Dinner Party Badge<br>Coaching Badge<br>First Aid Badge                            |  |
| <b>Outdoor/Camp</b>      | Outdoor Journey<br>Ultimate Recreation Challenge Badge<br>Outdoor Art Master Badge |  |
| <b>Community Service</b> | Take Action projects<br>Ambassador Community Service Bar                           |  |

[View the Ambassador Badges & Awards Chart](#)

### What Ambassadors Do:

With a wider world comes even more opportunities—and Girl Scout Ambassadors make the most of every chance they get to improve themselves...and their community. Girl Scout Ambassadors are eligible for some pretty awesome opportunities to continue their leadership experience.

#### As an Ambassador, she might:

- Earn her Gold Award, Girl Scouts' highest award
- Enhance her relationship skills, problem-solving abilities and knowledge of science and technology
- Work to protect the environment
- Implement a Take Action project





**We're here to support you!**

**[www.usagso.org](http://www.usagso.org)**

Contact us at **001-800-467-0070** or  
**[overseascustomer@girlscouts.org](mailto:overseascustomer@girlscouts.org)**

**Overseas Girl Scout World Shop**

[www.usagso.org/shop](http://www.usagso.org/shop)

**Shop for Girl Scout uniforms and more online!**



**Offices**

**Japan Office**

**PSC 705 Box 85  
APO, AP 96338**

**Italy Office**

**Unit 31401 Box 123  
APO, AE 09630-1401**

**New York Office**

**420 Fifth Avenue  
New York, NY 10018**